



proudly presents

LET'S WRITE ABOUT LIFE!

A WEEKEND WRITING RETREAT

with

Sally Cranswick 

JULY 12 - 14, 2024

Explore your writing potential at The
Grand Hotel this winter!
Join our 3-day Writing Retreat at only:

R6900 *per person*

BOOK NOW

LIMITED SPOTS AVAILABLE

Call: +27 23 100 0522

Email: reservations@thegrandhotelrobertson.co.za

Ts & Cs Apply

Let's Write About Life!



Course Description

The weekend's plan is to create some structured memoir essays about your own life, which you can also use towards a larger life-story collection or memoir.

During this weekend, we will look at examples of wonderful life stories and memoirs in different genres, and we'll discuss ways to find creative inspiration and how to shape a narrative around the essay form using structure, voice, style, and theme. We will think about how to honour other people in our life stories in a way which heals not harms, and we'll also look at how you can extend your short piece into a larger collection of work.

There will be formal presentations, group discussions, writing exercises and plenty of opportunity to ask questions and get feedback from Sally on your writing.

The aim of the weekend is to write some short, creative pieces about your life – but as always, the reason for coming together is to have fun as a creative community, whilst writing towards our goals.

Unless you prefer quiet, meal times will provide us with further opportunities to chat about our writing and creative practices together.

FRIDAY

4.30pm – 6pm

Session One: Welcome!

Sally will welcome everyone and present an overview of the course, expected outcomes, and will introduce her Five-Step Life (changing) Writing Plan, which is designed to minimise procrastination and maximise productivity. Writers will introduce themselves to the group.

SATURDAY

10am-12pm

Session Two: Let's Write About life

What makes a great story, how to find your writer's voice and looking at themes as a container for your story.

2pm-4pm

Session Three: Shhhh

Quiet writing time, guided by Sally

6pm-7pm

Session Four: Tell Me A Story

Writers are invited to share a short, spoken life story, to a prompt. This sounds terrifying but it's a lot of fun!

SUNDAY

10am-12pm

Session Five: Creative Workshop

Fun creative exercises to show how we can use timelines and memory to structure our stories.

Let's Write About Life!



Who should attend

Everyone who is keen to explore writing and creativity. Come with a friend and please don't be afraid to come alone! We are going to be a creative community working together to enjoy our writing time. You don't need to be a writer to enjoy this weekend – everyone is welcome. If you don't have a specific idea for a story, that's okay – you will definitely find one this weekend.

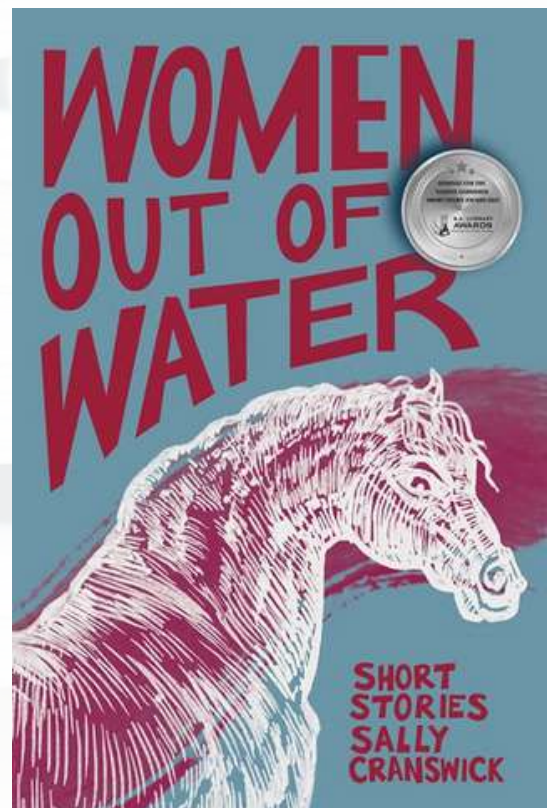
What to bring

Bring your favourite notebook and pen.

About your facilitator

Sally Cranswick is an award-nominated author, writing coach and workshop facilitator with a special interest in memoir and life writing. She is a Creative Writing Lecturer at the University of Cape Town's Department for Extra Mural Studies and has written many stories, features and columns for magazines and newspapers. Her collection of short stories, *Women out of Water* (Modjaji Books), was shortlisted for the SALA Nadine Gordimer Short Story Award in 2022 and her novel, *Of All Things We Need Hope*, is due for release in 2024. She is currently studying for her Ph.D in Creative Writing through the University of the Western Cape, has an MA in Creative Writing from UCT and a BA in Creative & Media Writing from Middlesex University, London. Before settling in Cape Town, Sally was a singer and lived in many countries around the world. Further information: www.sallycranswick.com

If you have any questions about the weekend, you are welcome to contact Sally at sally@sallycranswick.com





Rates Inclusions and Exclusions:

Includes:

- Friday, Saturday, Sunday workshops, guided writing time & 'Tell Me a Story' session
- Personal feedback on your writing from Sally throughout the weekend
- The opportunity to attend Sally's all new 12 week writing programme, Write Here! Write Now! (starts 26th July)
- Two nights accommodation in an en-suite room
- Wine tasting & dinner on Friday
- Breakfast on Saturday & Sunday
- Wine tasting, lunch & dinner on Saturday
- Complimentary mini-bar

Excludes:

- Bottle of wine
- Additional beverages and meals not mentioned above
- Items of a personal nature

R6900 per person

To book now or ask for further information contact:

The Grand Hotel Reservations: +27 23 100 0522

Email: reservations@thegrandhotelrobertson.co.za

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